

Introduction

1. Freedom and resistance

- 1.1 Existentialism: doomed to be free
- 1.2 Fascism and the banality of evil
- 1.3 A critique of instrumental reason
 - 1.3.1 Dialectics
 - 1.3.2 Enlightenment and technology
- 1.4 Individualisation or ego-emancipation
 - 1.4.1 Critical subject and subversive bodies
 - 1.4.2 Discourse and resistance
 - 1.4.3 'Man' as discourse

2. Discourse and doom

- 2.1 A first indication of a discursive transition: caught up in paradoxes
 - 2.1.1 Political paradoxes
 - 2.1.2 Existential frictions
 - 2.1.3 Macropolitics: fragmentation and polarisation
- 2.2 Discourse of doom: from a religious soteriology to a dialectical utopism
- 2.3 Dying or dying out?
 - 2.3.1 Future scenarios, or scenarios without a future?
 - 2.3.2 Statistics: the knowledge of the state
- 2.4 Anthropocene or Capitalocene?

3. From the pyramid to networks

- 3.1 Imagination: thinking and speaking in images
- 3.2 Pyramidal orientation: linear-exclusive
 - 3.2.1 Hierarchical architecture: top-down
 - 3.2.2 Hierarchy: to be or to see?
- 3.3 Network orientation: circular-inclusive
 - 3.3.1 Cybernetics: the cyborg as homo informans
 - 3.3.2 Individual: node in networks
- 3.4 Philosophical extrapolations
 - 3.4.1 Deleuze: from the tree to rhizomes
 - 3.4.2 Foucault: supplementary, dispositional resistance

4. Integral resistance

- 4.1 Being interested: scaled political *refraction*
 - 4.1.1 Politics: acting within power relations
 - 4.1.2 Scaled political action: dividual, ego, individual, subject, nation state, UN

- 4.2 Macropolitical opposition: revolt and rebellion
 - 4.2.1 Spectrum of resistance: from extremist to participatory resistance
 - 4.2.2 Connective, transversal and collective resistance: from interface back to face-to-face
- 4.3 Mesopolitical resistance: circular valorisation
- 4.4 Micropolitical subversion: to differ from one's self
 - 4.4.1 It starts with you, yet the personal is political!
 - 4.4.2 From a dividual, via the individual, to interdividuals

5. The Anthropocene condition

- 5.1 Fundamentalism and radicalisation
- 5.2 Quintessence: self-consciousness and technology
- 5.3 Radical mediocrity: ruled by media
 - 5.3.1 Farmakon: technology as a blessing and a curse
 - 5.3.2 The medium is the message
- 5.4 Ecopolitical interesse: scaled in-betweenness
 - 5.4.1 Integral literacy: alphabetisation, media literacy, eco-literacy
 - 5.4.2 Integral health beyond repair: positive, sustainable, integral
 - 5.4.3 ECO3-sustainability: physical, social, mental
- 5.5 Refraction: interesse as revolutionary circularity

6. An ecosophical point of view

- 6.1 Freedom and resistance revisited: to oppose and supplement
 - 6.1.1 Interesse as discretionary space
 - 6.1.2 Subjectivity: from subjection to design
- 6.2 Transitional designs: *Dasein* is design
- 6.3 Ecosophical manoeuvres
 - 6.3.1 Art of existence: physical, social and mental ecology
 - 6.3.2 Eco-emancipation, medial enlightenment, physical spirituality

Bibliography

Index