

Resistance in times of ecopanic

Towards an eco-emancipation

Chapter 1. Freedom and resistance

- 1.1 Existentialism: doomed to be free
- 1.2 Fascism and the banality of evil
- 1.3 Critique of instrumental reason
 - 1.3.1 Dialectics
 - 1.3.2 Enlightenment and technology
- 1.4 Individualization or ego-emancipation
 - 1.4.1 Critical subject and subversive bodies
 - 1.4.2 Discourse and resistance
 - 1.4.3 'Man' as discourse

Chapter 2. Discourse and doom thinking

- 2.1 First indication of a discourse shift: entrenched in paradoxes
 - 2.1.1 Political paradoxes
 - 2.1.2 Existential frictions
 - 2.1.3 Macropolitics: fragmentation and polarization
- 2.2 Doom thinking: from religious soteriology towards dialectical utopism
- 2.3 Dying or becoming extinct
 - 2.3.1 Future scenario or scenario without a future
 - 2.3.2 Statistics: knowledge of the State
- 2.4 Anthropocene or Capitalocene?

Chapter 3. From the pyramid to networks

- 3.1 Percepts and metaphors
- 3.2 Pyramidal orientation: linear-exclusive
 - 3.2.1 Hierarchical architecture: top-down
 - 3.2.2 Hierarchy: mode of being, mode of seeing?
- 3.3 Network orientation: circular-inclusive
 - 3.3.1 Cybernetics: cyborg as *homo informans*
 - 3.3.2 Individual: node in networks
- 3.4 Philosophical extrapolations
 - 3.4.1 Deleuze: from tree to rhizome
 - 3.4.2 Foucault: supplementary-dispositional resistance

Chapter 4. Integral resistance

- 4.1 Being interested: scaled political reflection
 - 4.1.1 Politics: acting within power relations
 - 4.1.2 Scaled political action: dividual, ego, individual, subject, nation state, VN
- 4.2 Macropolitical opposition: revolt and rebellion
 - 4.2.1 Spectrum of resistance: extremist or participatory resistance
 - 4.2.2 Connective, transversal and collective resistance: from interface to face-to-face
- 4.3 Mesopolitical resistance: circular valorization
- 4.4 Micropolitical subversion: self-differing
 - 4.4.1 Changing the world: the personal is political!

4.4.2 From dividual via individual to intervidual

Chapter 5. The Anthropocene condition

5.1 Fundamentalism and radicalization

5.2 Quintessence: self-consciousness and technology

5.3 Radical mediocrity: living in sync with the media

5.3.1 Pharmakon: technology as a blessing and a curse

5.3.2 The medium is the message

5.4 Ecopolitical interest: scaled in betweenness

5.4.1 Integral literacy: literacy, media literacy, eco literacy

5.4.2 Integral health beyond repair: positive, sustainable, integral

5.4.3 ECO3 sustainability: physical, social, mental

5.5 ReflAction: being interested as revolutionary circularity

Chapter 6. An ecosophical perspective

6.1 Once more freedom and resistance: to oppose and to supplement

6.1.1 Interest as optional space

6.1.2 Dasein is design

6.2 Transitional designs

6.3 Ecosophical maneuvers

6.3.1 Art of existence: environmental, social and mental ecology

6.3.2 Medial Enlightenment and physical spirituality

Literature

Index